



APTARUS[™]

APT-107: Safety in the Workplace



APT-107: SAFETY IN THE WORKPLACE

This course covers safety in the workplace to ensure a safe working environment for drivers and individuals involved in transport and logistics. Topics covered include Pallet Truck Safety, and Lift Gate Safety. This course is an essential part of Health and Safety training for transport companies. A course outline is contained below.

Module 01: Pallet Truck Safety

- This module covers pallet truck safety and best practices for the safe operation of pallet trucks.

Module 02: Tail Lift Safety

- This module covers tail lift and best practices for the safe operation of tail lifts.

Module 03: Safe Handling Techniques

- This module covers the basic principles of manual handling. As well as some techniques that will ensure safe manual handling of loads.

Module 04: Slips, Trips and Falls

- This module covers the safety procedures you can perform slips, trips and falls.

Lifting a load

When lifting a load, first make sure it is within the pallet truck's lifting capacity.

Make sure both forks are completely under the pallet and that pallet is resting against the back stop.

Ensure your load is stable and centred on the forks before attempting to lift it.

Keep the load as low to the floor as possible to keep its centre of gravity low.



The crushing zone between the lowering platform and the ground.



Risk Areas

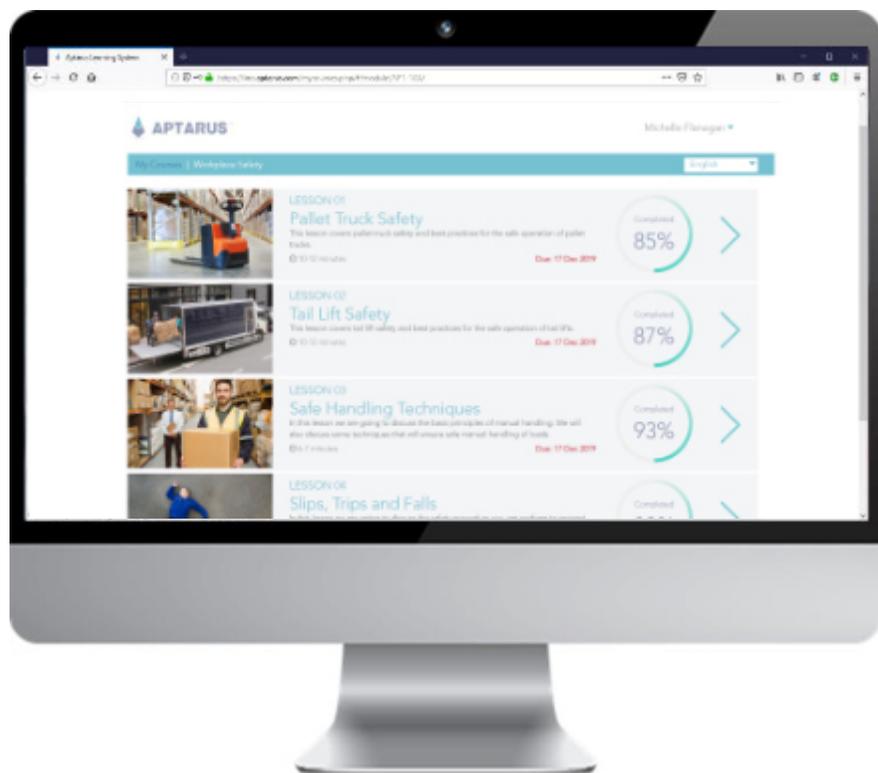
Some of the most common areas, around the vehicle, where slips, trips and falls can occur are:

- The vehicle cab
- The trailer
- The tail Lift
- The 5th wheel

We are now going to look at each of these areas and see what the most common risks are for each area.



PLATFORM FEATURES



User-friendly Lessons

The course content has been designed to be easy-to-follow, yet contains the key knowledge needed to keep your team safe.



Mobile-Friendly

Train anywhere, anytime, with a system designed to support phones, tablets, or PCs.



Training Records

Training records are available online 24/7 for every driver - perfect for demonstrating a safety culture to your insurance company.



Resource Centre

Checklists, procedures, and best practices available for your team in the Resource Centre.



COURSE BENEFITS

- ✓ Improved Safety Practices
- ✓ Improved Tail Lift Operation
- ✓ Reduced Training Time
- ✓ Reduced Training Costs
- ✓ Reduction in Safety Incidents
- ✓ Improved Manual Handling

Online training has been proven to improve driver performance, resulting in improved safety and fewer incidents.





Our online courses are available anytime, anywhere, on any device. Start improving your team today.

Regular training is the proven way to make a sustained improvement to your employee's skills. Online training with Aptarus is the best way to reach all your employee's with effective training – for the smallest investment in time and money. Try it for yourself by visiting our web site and signing up today or call us to arrange a free trial.



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